



Killimer Parish 18th & 19th September 2021

INIS CATHAIGH PASTORAL AREA

Co Parish Priests: Fr Pat Larkin - Tel 0659062729 Mob 087-2300627

Fr Tony Casey - Tel 0659059008 Mob 087-9936950

Assistant Priests: Fr Michael Sheedy - Tel 0659051093 Mob 086-2603314

Fr Peter O'Loughlin - Mob 086-8250016

Parish Safeguarding Representatives: Marie Callinan & Laura Fennell



Newsletter: email carolineynlynch@yahoo.com

Knockerra Church

Saturday 18th September

Stephen Grogan, Carhuefree

Tuesday 21st September 8.55 am

Tommy Collins, Tullagower

Saturday 25th September

Month's Mind

Teresa McNamara

Saturday 2nd October

Johnny Collins, Knockerra

Morning Mass 8.55am Mon, Tues & Wed

Killimer Church

Sunday 19th September

Patrick and Mary Hassett

Murt Cunningham & deceased family members

Sunday 26th September

Mary Culligan

Sunday 3rd October

Paddy Torpey, Donail, Killimer

Morning Mass 8.55am Thursday & Friday

Killimer Church Rota

Stewards.

Sunday 26th September: Jackie Hassett, Marie Callinan & Marian McKeown

Sunday 3rd October: Kathleen Crowe, Anne Mulqueen & Aine O'Driscoll.

Anxiety In Children

West Clare Child and Family Support Network is hosting a free online webinar for parents on "Anxiety in Children and Young People" on the 22nd September at 7.30-9pm. For more info ring West Clare Frc 065 689052173 or register on Eventbrite under "Helping your child to help themselves".

Hell For Leather

John Fennell school of set dancing returns to Kilrush Youth Centre on Friday 24th Sept from 3.30pm - 6.30pm. Covid Guidelines apply.

Vandeleur Park Run

Every Saturday morning @ 9.30am. Walk, run or crawl everyone is welcome. Also, if you would like to help with this free fantastic weekly event contact the volunteers on their Facebook page.

Ccé Music Lessons

Lessons on flute and whistle will resume for a new term in Teach Cheoil, Kilrush this September. All levels catered for. Comhaltas SCT exams are available also. For further information, contact Kieran at 0872663576

New Changes To Mass Attendance

From 6th September, larger crowds can gather for religious ceremonies with up to 50% capacity allowed in places of worship.

This limit will apply to all Masses, daily and weekend. Face masks and social distancing will still apply.

We will continue to make the churches a safe place for all who attend our services. Our stewards will be on hand to direct you to your seats. Please remember to **sanitise your hands** on **the way in and out of the church.**

Mid-West Aries

We're delighted to share our October Timetable with you. Once again, we're excited to run a varied programme of events and we hope that you can join us online for one or more of our upcoming wellbeing and recovery workshops. This is a great way to meet people and learn from each other. Everyone is welcome to attend and there is no pressure to engage should you choose to just sit and listen. We look forward to seeing you there.

We finish out the month of October, on Wednesday the 27th, with our Webinar in partnership with Mental Health Ireland entitled: "Coping with Loss after Covid". During this webinar our panel will discuss coping with loss after the pandemic – whether loss of connection, confidence, a job, a relationship or a loved one. There will be a live Q&A session and we would be delighted to take questions in advance. Please email your questions to Margaret Keane at margaret.keane9@hse.ie or margaret@mentalhealthireland.ie

All of our courses are created collaboratively by people with lived experience of mental health issues, their family members/carers/supporters, community partners, and staff working in the mental health services with everyone's contribution equally valued. These sessions are free and open to anyone (aged 18+) with an interest in mental health and well-being.

You can book a place at our online modules on our Eventbrite page: <https://midwestaries.eventbrite.ie> or alternatively you can also book a place by contacting Margaret Keane at margaret.keane9@hse.ie or at margaret@mentalhealthireland.ie.



Part time Courses Kilrush FET Campus 2021-2022.

The following certified and uncertified course are available at Kilrush FET Campus and anyone interested is welcome to contact Pauline 086-7807661. Courses available: Introduction to Marine Biology.

Introduction to Biodiversity in your garden. Getting creative with Stain Glass.

QQI level 2 & 3 IT Skills.

QQI Level 3 Plant Propagation.

Preparation for Driving Theory Test.

Computer Skills and using Technology.

ESOL classes English & Second language.

QQI Level 2 Beginners Sewing.

QQI Level 3 Dress Design.

One to One literacy development and support.

Courses can be viewed on the FETCH courses website link. (fetchcourses.ie)

National Learning Network

If you need extra learning support with further education, NLN are now recruiting for their full-time QQI Level 3 & 4, Retail, Tourism, Digital Technology or Career Start Courses. Contact their Francis Street, Ennis Campus on 065-6864560 or text 0877110918 or email: clare@nlm.ie. COVID 19 precautions in place.

Autumn Equinox Blessing

*The light and the dark are the same in length,
They have equal time, equal strength.
But soon the darkness will prevail
and the light and warmth will begin to pale.
But do not be afraid, do not dismay
Rejoice in the abundance that this year bears
Breathe deep in the coolness and change in the
air.
Have gratitude and blessing, keep toll
And may the shift of nature enlighten your
soul.*

Stephanie Laird

Killimer Church Cleaning Rota September

Caroline Brennan, Patsy O' Driscoll, Eve Browne & Marie Kelly