



30th & 31st January 2021

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Parish Safeguarding Representatives: Marie Callinan & Laura Fennell



Anniversary Masses

Knockerra Church

Saturday 30th January 6pm (Webcam)

Month's Mind: Patrick Boland, Knockerra
Michael Carrig, England

Saturday 6th February 6pm (Webcam)

Tommy Gilligan, Knockerra

Killimer Church

Sunday 31st January 11am (Webcam)

John T. and Nora Culligan

Sunday 7th February 11am (Webcam)

Presentation Of The Lord – Candlemas

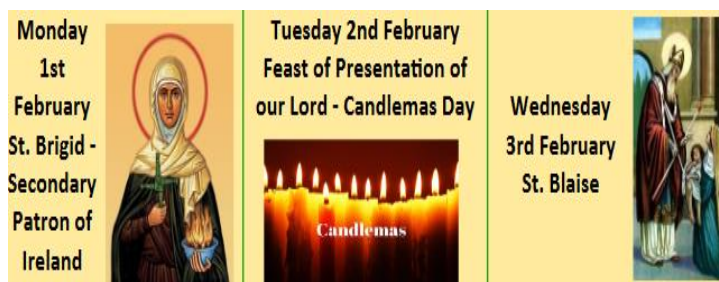
Tuesday 2nd February is known as the Feast of Candlemas. It is a day for blessing candles. Candles for use in the home & church should be left on the front seats of Knockerra Church with your name on them and they will be blessed at mass that morning. Faith in the Church has traditionally been regarded as a light. At baptism a lighted candle represents the faith the newly baptised child has received. We use them in our liturgies down through the ages.

Nutrition Workshop:

On Thursday 11th February at 11am, Clare Library will be facilitating the delivery of an online workshop on Healthy Meal Planning for all the family, with dietitian Gillian McConnell. This is a free event for people throughout Co. Clare aged 18+. Booking is essential. In order to take part, participants will require remote access to Zoom. Please book your place by calling Kilrush Library on 065 9051504 during branch opening hours. A Healthy Ireland at your library event.

Condolence

We extend our sympathy to the family and friends of Simon Eustace, late of Kilmurry McMahon who died in England recently brother of Teresa Moloney, Tonovoher R.I.P. May he rest in peace



Feast Of St. Blaise

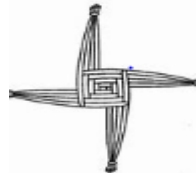
Blessing of Throats

Wednesday 3rd February is the day usually associated with the Blessing of Throats. We are unable to gather for this celebration this year in Church but on Wednesday next at 8 p.m. we are invited to join in the prayers & reflection via Webcam from St. Senan's Church, Kilrush during which we will invite you to bless the throats of those in your home, in your bubble of care at this time. We invite you to have two candles which will be used for this special time of Blessing & prayer. The blessing of St. Blaise is a sign of our faith in God's protection and love for us and for the sick. The words of the prayer of blessing are as follows

"Through the intercession of St. Blaise, bishop and martyr, may God deliver you from all ailments of the throat and every other illness. In the name of the Father and of the Son, and of the Holy spirit.

**There are two ways of spreading light:
To be the candle or the mirror that reflects it.**

Edith Wharton



Prayer to St. Saint Brigid—Feast Day 1st February.

You were a woman of peace. You brought harmony where there was conflict. You brought light to the darkness. You brought hope to the downcast. May the mantle of your peace cover those who are troubled and anxious, and may peace be firmly rooted in our hearts and in our world. Inspire us to act justly and to reverence all God has made. Brigid you were a voice for the wounded and the weary. Strengthen what is weak within us. Calm us into a quietness that heals and listens. May we grow each day into greater wholeness in mind, body and spirit. Amen

The West Clare Mini Marathon

The West Clare Mini Marathon is going virtual!!!! Unfortunately we will not be doing our normal route this year, instead we ask that people take to the roads within your own region to complete the 10k. We are giving people the weekend of the 30th and 31st of January 2021 to complete the distance. Please tag us in all your fun on the day!!! Now that we are gone virtual we are not limited to just Ireland, register for the event. €20 P.P.S
<https://westclarecancercentre.ie/.../west-clare-mini.../>

Novena to Our Lady of Lourdes

As we prepare for the Feast of Our Lady of Lourdes on Thursday 11th February, World Day of Prayer for the Sick, The Franciscan Pilgrimage and the Killaloe Diocesan Pilgrimage will host a Novena of Prayer. The Novena will be available on the parish webcam: www.ennisparish.com/webcam on weekdays starting Wednesday 3rd February @7.30pm Saturday 11am & Sunday 11.30am. The Novena will be conducted by Bro. Damian Casey OFM Franciscan Pilgrimage Director and Fr Tom Ryan Killaloe Pilgrimage Director.

Candle At The Grotto in Kilrush

A candle will be lit at the Grotto on Monday 1st February, St. Bridget's Day for all the little souls that have died here & throughout the world & for all the brave survivors of the Mother & Baby Homes. The candle will be lit from 11am on Monday morning.

Purecamping

Online Yoga classes every week , Tuesday and Wednesday 8-9pm. Booking on purecamping.ie/events



Tax Efficient Parish Donations

Under the terms of the Revenue approved Scheme of Tax Relief on Donations to charities, if you are an Irish taxpayer (PAYE or Self Assessed), and you donate a total of €250 or more to your parish in a calendar year, your parish can claim back the related tax relief of 31% on your total donations.

That means that your donation of €250 could be actually worth €362 to your parish – at no extra cost to you. All you have to do is complete a CHY3 form (Enduring 5 years form) and return it to your local parish office and they can do the rest.

Further details are available on the Revenue website.

<https://www.killaloe-diocese.ie/parish/killimer-and-knockerra/donate/>

<https://www.revenue.ie/en/companies-and-charities/documents/charities/chy3-enduring-certificate.pdf>

Free On Line Wellbeing Classes

James Fennelly, West Clare Mental Health Association Peer Support Coordinator, The Lighthouse

Free online Classes February 2021		
Date	Class	Time
Tuesday 2nd	Music Club	11am
Thursday 4 th	Thai Chai	11am
Saturday 6 th	Mindfulness	10am
Tuesday 9th	Music Club	11am
Thursday 11 th	Thai Chai	11am
Saturday 13 th	Mindfulness	10am
Tuesday 16th	Music Club	11am
Thursday 18 th	Thai Chai	11am
Saturday 20 th	Mindfulness	10am
Tuesday 23rd	Music Club	11am
Thursday 25 th	Thai Chai	11am
Saturday 27 th	Mindfulness	10am

To Book a place email westclaremha@mentalhealthireland.ie

Slimming World With Orla

Got that Blue Monday feeling? Find out how Slimming World can help improve every Monday from now on. For more information on my groups, contact Orla on 085 8761334