



## **21<sup>st</sup> & 22<sup>nd</sup> November 2020**

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Parish Safeguarding Representatives: Marie Callinan & Laura Fennell



### **Anniversary Masses**

#### **Knockerra Church**

**Saturday 21<sup>st</sup> November at 6pm(webcam)**

**Wednesday 25<sup>th</sup> November at 8.55am  
(webcam)**

Josie, James and Brendan Fitzpatrick

**Saturday 28<sup>th</sup> November at 6pm (webcam)**

Cyril Fennell & deceased family members  
Peadar and Mary Keating

#### **Killimer Church**

**Sunday 22<sup>nd</sup> November 11am (webcam)**

John Donnellan, Burrane

**Sunday 29<sup>th</sup> November 11am (webcam)**

Brendan Fitzpatrick, Burrane

#### **Remembrance Mass**

Remembrance Masses this weekend. Saturday @ 6pm  
in St. Senan's Knockerra and Sunday @ 11am in  
St. Imy's Killimer.

### **One Thought to Keep**

I give you this one thought to keep  
I am with you still - I do not sleep  
I am a thousand winds that blow  
I am the diamond glints on snow  
I am the sunlight on ripened grain  
I am the gentle autumn rain  
When you awaken  
in the mornings hush  
I am the swift, uplifting rush  
of quiet birds in circled flight  
I am the soft stars that  
shine at night  
Do not think of me as gone -  
I am with you still -  
with each new dawn.

### **Kilrush Community School**

Kilrush Community School are now enrolling for 1<sup>st</sup> Year students for September 2021. Application Forms for enrolment have been distributed to all local primary schools. Application Forms must be returned via post to Kilrush Community School on or before Friday, 27<sup>th</sup> November 2020. Should you require an Application Form or if you have any queries contact the school on 065-9051359.

Application Forms received after this date will be placed on a waiting list for places. "

### **COVID-19 Support Line for Older People :**

ALONE manage a national support line and additional supports for older people who have concerns or are facing difficulties relating to the outbreak of COVID-19 (Coronavirus). Professional staff are available to answer queries and give advice and reassurance where necessary. The support line is open seven days a week, 8am - 8pm, by calling 0818 222 024.

### **An Act Of Spiritual Communion:**

While we cannot receive communion at this time we can still make an act of Spiritual Communion in which we express our faith in Jesus and his presence in the Eucharist and invite him to unite himself with us. Act of Spiritual Communion

My Jesus, I believe that you are present in the Most Holy Sacrament. I love you above all things, and I desire to receive you into my soul. Since I cannot at this moment receive you sacramentally into my heart. I embrace you as if you were already there and unite myself wholly to you. Never permit me to be separated from you.

Amen.

### **Feast of Christ the King**

*Today's feast of Christ the King is both a celebration and a challenge. It is in honour of what Jesus has already begun and an opportunity for us to become aware of our call to be truly both subjects and partners of Jesus our King.*

### **Remembrance Tree**

As a way of remembering our deceased love ones, each December we hold the Remembrance Tree Ceremony in St. Senan's Church, Kilrush. All cards are €5 and the money raised is donated to two very worthy charities; 1 - Temple Street Children's University Hospital 2 - The Special Needs Unit, St. Senan's Primary School, Kilrush This year's ceremony is on the 9<sup>th</sup> December 2020 at 7pm. It shall also be broadcast online by Webcam at [www.kilrushparish.com](http://www.kilrushparish.com) Cards are available at the moment from: Ger Kelly Pen 2 Paper, Duffy Chemist Mairead O'Donnell and Sharon Reidy The Leisure Centre. Also you can donate to the "Go Fund Me" page.

### **Mental Health Wellbeing Programme**

A new **free** video-based mental health wellbeing programme called Minding Your Wellbeing is now freely accessible from the HSE. The programme consists of 5 video sessions (of about 20 minutes each) Visit: [WWW2HSE.IE](http://WWW2HSE.IE)

### **The Lighthouse Kilrush**

Join Katie from "The Lighthouse" on Facebook Live every Saturday @ 10am for a free 30 minute class that will introduce you to some key Yoga foundations - breath and stability.

### **Christmas Craft Fair**

At The Kilkee Bay Hotel on December 5<sup>th</sup> from 12-6pm. If you are a local craft supplier & would like to get involved, please contact the Kilkee Bay Hotel. Tables are €40 for traders. In the interest of public safety, social distancing will be practiced.

### **Community Connect**

This Christmas why not give your family & friends the gift of giving? Community Connect Is a national initiative which supports pregnant women & new mothers in need in a practical way. Sponsor a Community Connect Newborn BabyBox or MamaBag on someone's behalf? The Newborn Babybox is €55 & the Mamabag for €20. Visit: [www.communityconnect.ie](http://www.communityconnect.ie)

### **Counselling Service**

Ciarán Carey Professional General and Addiction Counsellor-Limerick City, working with individuals, couples, families and groups for addictions, mental health, anxiety, depression, trauma, bereavement and personal issues to achieve positive growth and development, self-discovery and change.

085-7721279 Email:[info@culracounselling.ie](mailto:info@culracounselling.ie)

### **EmployAbility Clare**

Do you have an illness, injury or disability?

Would you like support around career choices / support while in employment?

Contact EmployAbility Clare on (065) 6844007/ e-mail [karen@employabilityclare.ie](mailto:karen@employabilityclare.ie)

### **Mini Advent Retreat On Zoom**



For three sessions, during Advent, you are invited to take part in a mini-retreat that will explore the themes of faith, hope and love. The retreat will be led by Fr Billy Swan, St Aidan's Cathedral, Enniscorthy and will take place from Tuesday 1<sup>st</sup> to Thursday 3<sup>rd</sup> December beginning at 8pm. To take part, all you need to do is send an email to [thehookoffaith@gmail.com](mailto:thehookoffaith@gmail.com) to receive the Zoom link. Come and join us to prepare for Christmas.

### **Elm Landscaping & Tree Surgery Services**

Ennis, Clare | Galway | Clarina, Limerick

We would welcome the opportunity to provide you with quotations for any upcoming tree surgery or landscaping maintenance requirements you may have. Services include tree surgery, invasive weed management, planting and landscaping maintenance.

T: 085-251-2351

W: [www.elmlandscaping.ie](http://www.elmlandscaping.ie)

*It does not so much matter what happens.  
It is what one does when it happens that really counts.*